Health

Associate in Science Degree - TRANSFER PROGRAM *Program Code 053*

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Sample Transfer Program

The following is a sample college transfer program. **It is essential that you work with an academic advisor to develop an individualized program that meets the specific requirements of the college you plan to attend.**

It is important to begin the science and math sequence as soon as possible to efficiently complete the coursework. Be sure to determine readiness for the math and science courses as many students need to begin with lower level math and science coursework to successfully complete the required courses.

Courses	Credit Hours
English 101, English Composition	3
English 102, English Composition, or English 103, Technical Writing	3
Physical Education 214, Personal Health, or PHED 200, or PHED 212	3
Political Science 101, National Government, or Political Science 102, State Governments, or History 201, American History to 1865, or History 202, American History 1865 to Present	3
Biology 205, Human Anatomy	4
Psychology 201, Introduction to Psychology	3
Sociology 101, Principles of Sociology	3
Communication 101, Into to Public Speaking	3
Physical Education 145, Total Fitness I	1
Physical Education or General Electives	11 or 12
Group Ia and Ib electives	15 or 16
Group Ic elective	3, 4 or 5
Group III electives	6

Transfer Resources

If you are planning to transfer to a four-year college or university, you should become familiar with your chosen school's requirements. See your Academic Advisor for assistance in developing your Student Education Plan or visit **www.lakemichigancollege.edu/transfer**

About the Area of Study

The courses offered in Health are for those students interested in personal and community health. You have the opportunity to become certified in life-saving techniques or first-aid procedures, investigate various health career options, or evaluate your own levels of healthful living and develop plans toward more health-filled lifestyles. Consult a faculty advisor for specific guidance. **There is a 61-credit degree requirement needed for graduation.**