

# Pre-Athletic Training

Associate in Science Degree - TRANSFER PROGRAM Program Code 078

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Health  
Sciences

## Sample Transfer Program

The following is a sample college transfer program. It is essential that you work with an academic advisor to develop and individualized program that meets the specific requirements of the college you plan to attend.

It is important to begin the science and math sequence as soon as possible to efficiently complete the coursework. Be sure to determine readiness for the math and science courses as many students need to begin with lower level math and science coursework to successfully complete the required courses.

ENGL 101, English Composition .....	3
ENGL 102, English Composition .....	3
POSC 101, National Government, or POSC 102, States Governments, or HIST 201, American History to 1865, or HIST 202, American History 1865 to Present.....	3
* PHED 200, Healthful Living, or PHED 212, Health and Fitness, or PHED 214, Personal Health .....	1 or 3
BIOL 108, Basic Human Anatomy and Physiology .....	4
BIOL 205, Human Anatomy .....	4
BIOL 206, Human Physiology.....	4
PHSC 101 Physical Science: Chemistry and Physics .....	4
HEAL 165, Standard First Aid and Personal Safety .....	1.5
HEAL 166, CPR/AED .....	1
HOSP 113, Nutrition and Diet Therapy.....	3
MATH 122 or higher .....	4 or 5
MATH 216, Intro to Statistics .....	3
PHED 146, Total Fitness II.....	1
PHED 201, Foundations of Physical Education.....	3
PHED 210, Athletic Training.....	2
PSYC 201, Introduction to Psychology.....	3
PSYC 203, Human Development .....	3

\*Transferring students are encouraged to take PHED 212 or PHED 214.

## Transfer Opportunities

Lake Michigan College has worked with the following universities to develop program guides. These guides ensure that you can work toward a bachelor's degree and get the maximum number of transferable credits at Lake Michigan College. For more information, see the program guides in the advising office.

Central Michigan University  
Grand Valley State University  
Michigan State University  
Eastern Michigan University  
Western Michigan University  
University of Michigan

## About the Area of Study

Athletic training is a health care profession practicing within the domains of prevention; clinical evaluation and diagnosis; immediate care; treatment, rehabilitation and reconditioning; organization and administration; and professional responsibility. "Sports medicine" is often associated with athletic training. It is a popular term that refers to the many individuals and professions that assist with the overall health care of athletes and individuals who are involved with physical activity.

All certified or licensed athletic trainings must have a bachelor's or master's degree from an accredited college or university. Degrees are complementary to accredited athletic training majors and include established academic curricula. Athletic trainers' bachelor's degrees are in pre-medical sciences, kinesiology, exercise physiology, biology, exercise science or physical education.